

Haemovit Plus Capsules - HealthAid

Haemovit Plus Capsules are specially formulated to provide vital nutrients needed for the formation of healthy blood cells and a strong immune system. Rich in Iron, Vitamin B12, Zinc and Copper which contribute to healthy nervous system, increased energy levels and reduction of tiredness and fatigue.

Haemovit Plus may be of benefit to:

- People who suffer from iron-deficiency anaemia; mostly women with heavy menstruation, people who follow a vegetarian diet and people who have poor nutrition habits
- People who wants to maintain mental and cardiovascular health
- Pregnant women (only after consulting with the doctor)

When Should I Take Haemovit Plus Capsules?

Haemovit Plus Capsules should be taken as a supplement to provide the extra nutritional support required to meet the body's needs during demanding periods. Women would mostly benefit from this supplement as many of them suffer from iron-deficiency. Haemovit ® Plus capsules should be taken with food to avoid stomach irritation due to the high Iron content.

Recommended Daily Intake of Haemovit Plus Capsules:

Adults and children over 12 years of age, one capsule daily with food. Do not exceed recommended daily intake unless advised by a suitably qualified person.

**** Allergen Information:** For allergens, see ingredients in bold

**** FREE FROM YEAST, GLUTEN, WHEAT & DAIRY**

**** FREE FROM ARTIFICIAL COLOURS, PRESERVATIVES & FLAVOURINGS**

**** Food Supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.**

Each Haemovit Plus Capsule contains (average):		%NRV
Vitamin C	75mg	94
Vitamin B6	5mg	357
Folic Acid	500µg	250
Vitamin B12	100µg	4000
Iron	47mg	336
Zinc	4mg	40
Copper	2.5mg	250
Manganese	2.5mg	125
*: EC Nutrient Reference Value Not Yet Established		
INGREDIENTS FOR HAEMOVIT PLUS CAPSULE:		

Bulking Agent (**soybean** oil, vegetable fat, yellow beeswax), Vitamin B12 Prep (calcium phosphate, cyanocobalamin), Iron † (ferrous fumarate), Capsule Shell [gelling agent (gelatine), humectant (glycerine), natural colour (red iron oxide)], Vitamin C (ascorbic acid), Emulsifier (sunflower lecithin), Manganese Sulphate, Pyridoxine HCl, Copper Sulphate, Zinc Oxide, Folic Acid.

† This product contains iron, which if taken in excess, may be harmful to very young children.

Keep out of sight and reach of children.